

LSSD Championships 2005

Official Results

Date: February 19, 2005

Location: Lappe Nordic Ski
Centre

Host Club: Lappe Nordic

Jury

Obs. Time: 10:45

Air Temp: -16.2

Junior Boys 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	3	Travis Comeau	Lappe Nordic	0:14:59.8	+0.0
2	4	Michael Somppi	Lappe Nordic	0:15:08.0	+8.2
3	2	Gregory Field	Big Thunder	0:15:26.1	+26.3
4	1	Matt Pavlik	Big Thunder	0:16:52.2	+1:52.4

Juvenile Boys 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	12	Scott Sullivan	Big Thunder	0:14:46.2	+0.0
2	9	Brayden Jaspers	Big Thunder	0:14:56.3	+10.1
3	10	Luke Viljakainen	Big Thunder	0:15:23.6	+37.4
4	5	Chris Hamilton	Lappe Nordic	0:15:39.5	+53.3
5	6	Devin Ryan	Big Thunder	0:16:59.2	+2:13.0
6	7	Todd Inkila	Lappe Nordic	0:17:32.3	+2:46.1
7	11	Lachlan Armstrong	Big Thunder	0:18:32.2	+3:46.0
8	8	Steven Stajkowski	Big Thunder	0:25:21.2	+10:35.0

Senior Women 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	17	Kerrie Fabius	Big Thunder	0:16:16.1	+0.0
2	21	Emily Hayman	Big Thunder	0:17:02.4	+46.3
3	14	Rena Bode	Big Thunder	0:17:18.5	+1:02.4
4	15	Tara Redpath	Big Thunder	0:17:25.2	+1:09.1
5	22	Jill Maepea	Lappe Nordic	0:18:06.2	+1:50.1
6	20	Jodi Maepea	Lappe Nordic	0:18:55.0	+2:38.9
7	19	Kelly Henry	Big Thunder	0:20:21.9	+4:05.8
8	18	Anne-Marie Fequet	Lappe Nordic	0:21:02.0	+4:45.9
9	13	Amy Moustgaard	Lappe Nordic	0:25:23.6	+9:07.5
10	23	Christina Hortis	Lappe Nordic	0:28:23.3	+12:07.2
DNS	16	Tasha Betcherman	Lappe Nordic	***	***

Junior Women 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	24	Berit Dool	Lappe Nordic	0:19:40.3	+0.0
DNS	110	Mallory Deyne	Porcupine/NTDC	***	***

Junior Girls 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	26	Kelsey Dool	Lappe Nordic	0:19:27.5	+0.0
2	25	Seija Grant	Lappe Nordic	0:22:42.1	+3:14.6

Juvenile Girls 5 km. Classic

PL	Bib	Name	Club	Time	Diff
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1	28	Christina Groulx	Lappe Nordic	0:18:10.2	+0.0
2	27	Lauren Stoot	Lappe Nordic	0:20:02.4	+1:52.2
3	30	Britt Bailey	Lappe Nordic	0:20:10.8	+2:00.6
4	29	Katherine Hall	Lappe Nordic	0:20:11.2	+2:01.0
5	31	Krista Somppi	Lappe Nordic	0:27:06.7	+8:56.5

Mast Women 30+ 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	33	Brook Latimer	Lappe Nordic	0:17:14.6	+0.0
2	35	Lisa Patterson	Big Thunder	0:19:40.2	+2:25.6
3	32	Karen Greenfield	Big Thunder	0:23:22.4	+6:07.8
4	34	Anne Schwar	Lappe Nordic	0:29:55.6	+12:41.0

Mast Women 40+ 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	42	Liz Inkila	Lappe Nordic	0:20:00.1	+0.0
2	37	Nancy Viljakainen	Big Thunder	0:21:21.5	+1:21.4
3	39	Lynn Crookham	Big Thunder	0:21:22.9	+1:22.8
4	43	Kathryn Stajkowski	Big Thunder	0:21:24.8	+1:24.7
5	45	Judy Hall	Lappe Nordic	0:21:56.3	+1:56.2
6	38	Tarja Shipston	Lappe Nordic	0:23:39.9	+3:39.8
7	36	Gail Paskey	Lappe Nordic	0:24:05.9	+4:05.8
8	46	Susan Hay	Lappe Nordic	0:24:23.7	+4:23.6
9	47	Tuija Puiras	Lappe Nordic	0:25:14.2	+5:14.1
10	41	Deb Mayotte	Lappe Nordic	0:26:15.6	+6:15.5
DNS	40	Janis Nixon	Big Thunder	***	***
DNS	44	Nancy Luckai	Big Thunder	***	***

Master Men 60+ 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	48	Gord Arges	Lappe Nordic	0:23:15.8	+0.0
2	49	Martti Puumala	Big Thunder	0:28:54.5	+5:38.7

Mast Women 50+ 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	58	Susan Fabius	Big Thunder	0:21:16.7	+0.0
2	54	Maureen Ahokas	Big Thunder	0:21:51.2	+34.5
3	53	Leslie Ransom	Marathon	0:22:51.6	+1:34.9
4	52	Leila Metsaranta	Lappe Nordic	0:25:04.4	+3:47.7
5	55	Mary Ellen Ripley	Lappe Nordic	0:26:22.0	+5:05.3
6	50	Jocelyne Francis	Big Thunder	0:27:06.9	+5:50.2
7	56	Anne Mettam	Big Thunder	0:30:20.0	+9:03.3
8	57	Adele Crowley	Big Thunder	0:33:09.4	+11:52.7
DNS	51	Loretta Maepea	Lappe Nordic	***	***

Mast Women 60+ 5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	59	Madeline Creighton	Lappe Nordic	0:29:24.5	+0.0

Senior Men 10 km. Classic

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	67	Stephen Hart	Hardwood Hills	0:13:48.1	(1)	0:14:18.0	(2)	0:28:06.1	+0.0
2	60	Timo Puiras	Lappe Nordic	0:14:01.4	(3)	0:14:09.7	(1)	0:28:11.1	+5.0
3	64	Skeets Morel	Georgian Bay/NTDC	0:13:59.1	(2)	0:14:21.7	(3)	0:28:20.8	+14.7
4	61	Jeffrey Cameron	Big Thunder	0:14:39.5	(4)	0:15:00.4	(4)	0:29:39.9	+1:33.8

5	66	Eric Bailey	Big Thunder	0:15:36.7 (5)	0:16:22.5 (6)	0:31:59.2	+3:53.1
6	62	Jeff Moustgaard	Lappe Nordic	0:16:03.9 (6)	0:16:11.4 (5)	0:32:15.3	+4:09.2
7	63	Doug Bolster	Big Thunder	0:16:14.4 (7)	0:17:36.2 (7)	0:33:50.6	+5:44.5
8	69	Sam Niemi	Big Thunder	0:18:48.7 (8)	0:20:12.7 (8)	0:39:01.4	+10:55.3
DNS	65	Riku Metsaranta	Lappe Nordic	*** (*)	*** (*)	***	***
DNS	68	Werner Schwar	Lappe Nordic	*** (*)	*** (*)	***	***

Junior Men 10 km. Classic

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	70	Chris Butler	Big Thunder	0:14:29.5 (1)		0:14:58.3 (1)		0:29:27.8	+0.0
2	71	Matthew Schoales	Big Thunder	0:15:26.2 (2)		0:20:35.5 (2)		0:36:01.7	+6:33.9

Master Men 30+ 10 km. Classic

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	72	Freddy Hortis	Lappe Nordic	0:22:08.9 (1)		0:25:41.6 (1)		0:47:50.5	+0.0
DNS	73	Sean Randall	Lappe Nordic	*** (*)		*** (*)		***	***

Master Men 40+ 10 km. Classic

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	74	Paul Inkila	Lappe Nordic	0:15:19.1 (1)		0:16:15.0 (1)		0:31:34.1	+0.0
2	78	Mark Thomas	Lappe Nordic	0:17:00.5 (2)		0:17:23.8 (2)		0:34:24.3	+2:50.2
3	79	Frank Luckai	Big Thunder	0:17:28.6 (3)		0:18:01.7 (3)		0:35:30.3	+3:56.2
4	76	Ron Mahler	Lappe Nordic	0:17:43.5 (4)		0:18:32.5 (4)		0:36:16.0	+4:41.9
5	83	Brian Trendiak	Big Thunder	0:18:59.9 (5)		0:19:00.6 (5)		0:38:00.5	+6:26.4
6	81	Randy Berg	Big Thunder	0:19:08.4 (6)		0:19:48.3 (6)		0:38:56.7	+7:22.6
7	77	Richard Pendziwol	Big Thunder	0:19:18.2 (7)		0:19:56.9 (7)		0:39:15.1	+7:41.0
8	86	Jim Bailey	Lappe Nordic	0:19:40.1 (8)		0:20:19.2 (8)		0:39:59.3	+8:25.2
9	75	Paul Charrette	Lappe Nordic	0:19:49.0 (9)		0:20:55.0 (9)		0:40:44.0	+9:09.9
10	88	Bryan North	Lappe Nordic	0:20:26.9 (10)		0:21:08.2 (10)		0:41:35.1	+10:01.0
11	80	Bill Day	Lappe Nordic	0:21:10.0 (11)		0:22:50.0 (12)		0:44:00.0	+12:25.9
12	82	Joe McGill	Marathon	0:21:44.1 (12)		0:22:31.9 (11)		0:44:16.0	+12:41.9
13	89	Grant Hall	Lappe Nordic	0:21:51.5 (13)		0:23:06.7 (13)		0:44:58.2	+13:24.1
14	84	Roy Stock	Lappe Nordic	0:24:42.8 (14)		0:25:31.1 (14)		0:50:13.9	+18:39.8
15	85	Alastair Grant	Lappe Nordic	0:24:47.2 (15)		0:25:42.3 (15)		0:50:29.5	+18:55.4
16	87	Chris Loud	Lappe Nordic	0:28:41.1 (16)		0:29:32.6 (16)		0:58:13.7	+26:39.6

Master Men 50+ 10 km. Classic

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	97	Brian Berry	Lappe Nordic	0:18:05.6 (1)		0:18:37.1 (1)		0:36:42.7	+0.0
2	92	Jim Cameron	Big Thunder	0:19:14.3 (2)		0:19:12.1 (2)		0:38:26.4	+1:43.7
3	94	Dan Ugray	Lappe Nordic	0:19:39.4 (3)		0:20:26.1 (3)		0:40:05.5	+3:22.8
4	96	Mac Davies	Big Thunder	0:20:34.3 (4)		0:21:13.0 (4)		0:41:47.3	+5:04.6
5	95	Guy Latimer	Lappe Nordic	0:22:31.7 (5)		0:23:12.5 (5)		0:45:44.2	+9:01.5
6	90	Ian Mettam	Big Thunder	0:23:50.9 (6)		0:24:31.4 (6)		0:48:22.3	+11:39.6
7	93	Bert Viljakainen	Big Thunder	0:29:19.5 (7)		0:29:52.4 (7)		0:59:11.9	+22:29.2
DNS	91	Kim Ransom	Marathon	*** (*)		*** (*)		***	***

Boys 6 & 7 1 km. Classic

PL	Bib	Name	Club	Time	Diff
1	3	Ryan Pendziwol	Big Thunder	0:04:24.7	+0.0
2	5	Kyle Shipston	Lappe Nordic	0:05:46.5	+1:21.8
3	2	Colin Cheung	Lappe Nordic	0:06:44.9	+2:20.2
4	1	Marshall Clark	Lappe Nordic	0:09:56.9	+5:32.2
DNS	4	Tony Gunka	Big Thunder	***	***
DNS	6	Tyler Cassidy	Lappe Nordic	***	***

Girls 6 & 7 1 km. Classic

PL	Bib	Name	Club	Time	Diff
1	8	Laura Inkila	Lappe Nordic	0:04:52.9	+0.0
2	7	Brenna Randall	Lappe Nordic	0:04:58.3	+5.4
3	10	Anna Maclean	Big Thunder	0:05:19.5	+26.6
4	11	Haley Shipston	Lappe Nordic	0:05:38.6	+45.7
5	9	Morgan Clark	Lappe Nordic	0:08:49.6	+3:56.7

Boys 8 & 9 1.3 km. Classic

PL	Bib	Name	Club	Time	Diff
1	19	Matthieu Day	Lappe Nordic	0:06:12.3	+0.0
2	12	Conn Randall	Lappe Nordic	0:06:53.0	+40.7
3	15	Chris Hecker	Lappe Nordic	0:06:56.7	+44.4
4	21	Stuart Maclean	Big Thunder	0:08:22.6	+2:10.3
5	13	Brady Harkonen	Lappe Nordic	0:09:11.9	+2:59.6
6	16	Michael Hyer	Lappe Nordic	0:09:54.7	+3:42.4
DNS	14	Zachary Beaulieu	Lappe Nordic	***	***
DNS	17	Arynn Haukeness	Lappe Nordic	***	***
DNS	18	Justin Rob	Lappe Nordic	***	***
DNS	20	Ate Saranpaa	Lappe Nordic	***	***

Girls 8 & 9 1.3 km. Classic

PL	Bib	Name	Club	Time	Diff
1	25	Sarah Hay	Lappe Nordic	0:08:19.8	+0.0
2	23	Lili Strandberg	Lappe Nordic	0:08:37.7	+17.9
3	26	Rachel Stoot	Lappe Nordic	0:09:19.6	+59.8
4	27	Geena Mortfield	Lappe Nordic	0:10:38.5	+2:18.7
5	60	Leanna Gavin	Lappe Nordic	0:10:41.5	+2:21.7
6	24	Kristin Lavoie	Lappe Nordic	0:10:50.0	+2:30.2
DNS	22	Amanda Nemec-Bakk	Lappe Nordic	***	***

Boys 10 & 11 2.5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	30	Colin Pendziwol	Big Thunder	0:10:36.5	+0.0
2	33	Phillip Luckai	Big Thunder	0:11:10.8	+34.3
3	29	Zachary Maclean	Big Thunder	0:12:20.3	+1:43.8
4	32	Julian Freitag	Kamview	0:13:27.6	+2:51.1
DNS	28	Alex Nemec-Bakk	Lappe Nordic	***	***
DNS	31	Neil Rob	Lappe Nordic	***	***

Girls 10 & 11 2.5 km. Classic

PL	Bib	Name	Club	Time	Diff
1	39	Tess Ryan	Kamview	0:10:20.6	+0.0
2	34	Stephanie Drost	Kamview	0:10:30.6	+10.0
3	38	Moira Haggarty	Kamview	0:10:52.2	+31.6
4	35	Sarah Nixon	Big Thunder	0:12:53.1	+2:32.5
5	37	Krista Pohjalainen	Lappe Nordic	0:16:53.1	+6:32.5
DNS	36	Farren Smith	Lappe Nordic	***	***

Boys 12 & 13 3.7 km. Classic

PL	Bib	Name	Club	Time	Diff
1	45	Jeremy Hecker	Lappe Nordic	0:12:09.2	+0.0
2	41	James Gunka	Big Thunder	0:14:00.7	+1:51.5
3	40	Petri Bailey	Lappe Nordic	0:14:22.7	+2:13.5

4	43	Gabe Viljakainen	Big Thunder	0:14:29.8	+2:20.6
5	44	Sam Loud	Lappe Nordic	0:15:10.6	+3:01.4
6	42	Andrew Nixon	Big Thunder	0:17:10.7	+5:01.5

Girls 12 & 13 3.7 km. Classic

PL	Bib	Name	Club	Time	Diff
1	54	Lindsay Inkila	Lappe Nordic	0:14:23.0	+0.0
2	50	Daphne Haggarty	Kamview	0:15:11.3	+48.3
3	51	Krista Luckai	Big Thunder	0:15:27.4	+1:04.4
4	49	Katie Armstrong	Kamview	0:16:59.6	+2:36.6
5	48	Shannon McMillan	Kamview	0:18:05.9	+3:42.9
6	52	Erin Pendziwol	Big Thunder	0:19:17.3	+4:54.3
DNS	46	Aili Saranpaa	Lappe Nordic	***	***
DNS	47	Ashley Nemecek-Bakk	Lappe Nordic	***	***
DNS	53	Kara Jaspers	Big Thunder	***	***

5 & Under Boys

- 1 Nathan Hay
- 2 Patrice Poulin
- 3 Niklas Harkonen
- 4 Travis Halls
- 5 Austin Burchat

5 & Under Girls

- 1 Tessa Schwar
- 2 Ashley Hortis
- 3 Francis MacGregor

LSSD Championships 2005

Date: February 20, 2005

Unofficial Results

Location: Lappe Nordic Ski
Centre

Host Club: Lappe Nordic

Jury

Obs. Time:

Air Temp: -10C

Senior Men 15 km. Free Mass Start

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Lap3	Rnk	Time	Diff
1	13	Jeff Seguin	NTDC/North Bay	0:13:53.5 (4)		0:13:42.3 (1)		0:13:45.1 (1)		0:41:20.9	+0.0
2	8	Werner Schwar	Lappe Nordic	0:13:52.8 (2)		0:13:42.7 (2)		0:13:48.3 (2)		0:41:23.8	+2.9
3	5	Jeffrey Cameron	Big Thunder	0:13:53.1 (3)		0:13:43.4 (3)		0:13:53.7 (3)		0:41:30.2	+9.3
4	1	Timo Puiras	Lappe Nordic	0:13:51.9 (1)		0:14:00.2 (4)		0:14:23.0 (4)		0:42:15.1	+54.2
5	3	Doug Bolster	Big Thunder	0:14:33.9 (5)		0:15:23.3 (5)		0:14:51.4 (5)		0:44:48.6	+3:27.7
6	2	Jeff Moustgaard	Lappe Nordic	0:16:01.5 (8)		0:15:54.3 (6)		0:16:25.7 (6)		0:48:21.5	+7:00.6
7	9	Eric Bailey	Big Thunder	0:15:45.7 (6)		0:17:05.7 (8)		0:16:48.2 (7)		0:49:39.6	+8:18.7
8	7	Phil Brown	Big Thunder	0:15:47.7 (7)		0:16:57.6 (7)		0:17:16.2 (8)		0:50:01.5	+8:40.6
9	6	Mike Caza	Marathon	0:17:11.9 (9)		0:17:28.2 (9)		0:17:53.4 (9)		0:52:33.5	+11:12.6
DNS 4		Riku Metsaranta	Lappe Nordic	***	(*)	***	(*)	***	(*)	***	***

Junior Men 15 km. Free Mass Start

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Lap3	Rnk	Time	Diff
1	12	Chris Butler	Big Thunder	0:13:52.5 (2)		0:13:23.4 (1)		0:13:33.5 (1)		0:40:49.4	+0.0
2	10	Mark Doble	Hardwood/NTDC	0:13:52.2 (1)		0:13:43.8 (2)		0:14:27.9 (2)		0:42:03.9	+1:14.5
3	11	Matthew Schoales	Big Thunder	0:14:35.0 (3)		0:15:21.7 (3)		0:14:50.9 (3)		0:44:47.6	+3:58.2

Junior Boys 10 km. Free Mass Start

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	22	Michael Somppi	Lappe Nordic	0:14:16.1 (1)		0:14:23.3 (1)		0:28:39.4	+0.0
2	21	Matt Pavlik	Big Thunder	0:15:16.0 (3)		0:16:14.2 (2)		0:31:30.2	+2:50.8
3	23	Gregory Field	Big Thunder	0:15:03.4 (2)		0:18:01.1 (3)		0:33:04.5	+4:25.1
DNS 24		Travis Comeau	Lappe Nordic	***	(*)	***	(*)	***	***

Senior Women 10 km. Free Mass Start

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	33	Kerrie Fabius	Big Thunder	0:15:36.9 (1)		0:16:09.0 (1)		0:31:45.9	+0.0
2	31	Rena Bode	Big Thunder	0:16:18.5 (3)		0:16:10.8 (2)		0:32:29.3	+43.4
3	30	Tara Redpath	Big Thunder	0:16:17.9 (2)		0:16:11.8 (3)		0:32:29.7	+43.8
4	25	Jill Maepea	Lappe Nordic	0:16:36.1 (4)		0:16:48.3 (4)		0:33:24.4	+1:38.5
5	26	Emily Hayman	Big Thunder	0:16:46.4 (5)		0:17:11.1 (5)		0:33:57.5	+2:11.6
6	35	Kelly Henry	Big Thunder	0:17:42.7 (7)		0:17:42.2 (6)		0:35:24.9	+3:39.0
7	32	Jodi Maepea	Lappe Nordic	0:17:40.1 (6)		0:17:57.9 (7)		0:35:38.0	+3:52.1
8	34	Amy Moustgaard	Lappe Nordic	0:18:26.0 (8)		0:18:40.2 (9)		0:37:06.2	+5:20.3
9	28	Anne-Marie Fequet	Lappe Nordic	0:18:55.2 (10)		0:18:29.7 (8)		0:37:24.9	+5:39.0
10	27	Emilie Caron	Big Thunder	0:18:54.6 (9)		0:19:47.7 (10)		0:38:42.3	+6:56.4
11	29	Arlene Brown	Big Thunder	0:21:38.6 (11)		0:23:56.2 (11)		0:45:34.8	+13:48.9
DNS 36		Tasha Betcherman	Lappe Nordic	***	(*)	***	(*)	***	***

Junior Women 10 km. Free Mass Start

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	39	Berit Dool	Lappe Nordic	0:16:19.2 (1)		0:17:08.0 (1)		0:33:27.2	+0.0
DNS 37		Mallory Deyne	Porcupine/NTDC	***	(*)	***	(*)	***	***

DNS 38	Laura Groulx	Lappe Nordic	***	(*)	***	(*)	***	***
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Master Men 30+ 10 km. Free Mass Start

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	42	Rodney Puumala	Big Thunder	0:15:16.8	(1)	0:16:22.0	(1)	0:31:38.8	+0.0
2	41	Freddy Hortis	Lappe Nordic	0:19:29.7	(2)	0:20:33.4	(2)	0:40:03.1	+8:24.3
3	43	Don Nixon	Big Thunder	0:21:50.5	(3)	0:24:41.4	(3)	0:46:31.9	+14:53.1
DNS 40	Sean Randall	Lappe Nordic	***	(*)	***	(*)	***	***	

Master Men 40+ 10 km. Free Mass Start

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	56	Paul Inkila	Lappe Nordic	0:15:00.3	(1)	0:15:18.2	(1)	0:30:18.5	+0.0
2	55	Mark Thomas	Lappe Nordic	0:15:05.9	(2)	0:15:21.0	(2)	0:30:26.9	+8.4
3	54	Ron Mahler	Lappe Nordic	0:15:38.3	(3)	0:15:56.7	(3)	0:31:35.0	+1:16.5
4	50	Randy Berg	Big Thunder	0:17:00.1	(5)	0:16:58.3	(4)	0:33:58.4	+3:39.9
5	47	Frank Luckai	Big Thunder	0:16:54.9	(4)	0:18:10.7	(7)	0:35:05.6	+4:47.1
6	61	Jim Bailey	Lappe Nordic	0:17:44.6	(8)	0:17:52.3	(5)	0:35:36.9	+5:18.4
7	46	Richard Pendziwol	Big Thunder	0:17:43.4	(7)	0:17:54.4	(6)	0:35:37.8	+5:19.3
8	60	Jim Groulx	Lappe Nordic	0:17:41.9	(6)	0:18:23.4	(8)	0:36:05.3	+5:46.8
9	48	Brian Trendiak	Big Thunder	0:18:17.6	(9)	0:18:37.9	(9)	0:36:55.5	+6:37.0
10	51	Bryan North	Lappe Nordic	0:18:49.7	(10)	0:19:17.7	(11)	0:38:07.4	+7:48.9
11	58	Joe McGill	Marathon	0:19:00.0	(11)	0:19:17.2	(10)	0:38:17.2	+7:58.7
12	45	Grant Hall	Lappe Nordic	0:19:16.9	(12)	0:19:53.6	(12)	0:39:10.5	+8:52.0
13	52	Paul Charrette	Lappe Nordic	0:20:57.3	(14)	0:21:51.6	(14)	0:42:48.9	+12:30.4
14	44	Alastair Grant	Lappe Nordic	0:21:38.9	(15)	0:21:36.8	(13)	0:43:15.7	+12:57.2
15	53	Bill Day	Lappe Nordic	0:20:55.2	(13)	0:22:49.7	(16)	0:43:44.9	+13:26.4
16	49	David Stoot	Lappe Nordic	0:21:43.9	(16)	0:22:17.9	(15)	0:44:01.8	+13:43.3
17	59	Chris Loud	Lappe Nordic	0:23:04.4	(17)	0:24:20.6	(17)	0:47:25.0	+17:06.5
18	57	James Maclean	Big Thunder	0:23:27.7	(18)	0:25:31.5	(18)	0:48:59.2	+18:40.7

Master Men 50+ 10 km. Free Mass Start

PL	Bib	Name	Club	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	71	Al Comeau	Lappe Nordic	0:16:10.8	(1)	0:16:20.6	(1)	0:32:31.4	+0.0
2	65	Eraldo Panizza	Lappe Nordic	0:16:56.2	(3)	0:16:47.7	(2)	0:33:43.9	+1:12.5
3	68	Brian Berry	Lappe Nordic	0:16:47.3	(2)	0:17:43.2	(3)	0:34:30.5	+1:59.1
4	67	Mac Davies	Big Thunder	0:17:41.1	(4)	0:18:24.7	(4)	0:36:05.8	+3:34.4
5	63	Jim Cameron	Big Thunder	0:18:29.3	(5)	0:18:53.7	(6)	0:37:23.0	+4:51.6
6	72	Guy Latimer	Lappe Nordic	0:19:27.6	(7)	0:18:52.2	(5)	0:38:19.8	+5:48.4
7	64	Dan Ugray	Lappe Nordic	0:18:51.9	(6)	0:19:52.6	(7)	0:38:44.5	+6:13.1
8	62	Jim Dacey	Lappe Nordic	0:19:31.1	(8)	0:20:40.1	(8)	0:40:11.2	+7:39.8
9	70	Ian Mettam	Big Thunder	0:21:32.4	(9)	0:22:41.4	(9)	0:44:13.8	+11:42.4
DNS 66	Bert Viljakainen	Big Thunder	***	(*)	***	(*)	***	***	
DNS 69	Peter Mrowiec	Lappe Nordic	***	(*)	***	(*)	***	***	

Juvenile Boys 5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	83	Luke Viljakainen	Big Thunder	0:14:21.8	+0.0
2	87	Chris Hamilton	Lappe Nordic	0:14:25.0	+3.2
3	84	Brayden Jaspers	Big Thunder	0:14:27.3	+5.5
4	85	Scott Sullivan	Big Thunder	0:15:03.1	+41.3
5	89	Devin Ryan	Big Thunder	0:15:49.0	+1:27.2
6	88	Todd Inkila	Lappe Nordic	0:15:49.5	+1:27.7
7	81	Lachlan Armstrong	Big Thunder	0:16:42.4	+2:20.6
8	90	Dudley Coulter	Marathon	0:19:51.3	+5:29.5
9	86	Steven Stajkowski	Big Thunder	0:21:30.4	+7:08.6
DNF	82	Kyle P-Charrette	Lappe Nordic	***	***

Junior Girls 5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	91	Kelsey Dool	Lappe Nordic	0:16:16.2	+0.0
2	92	Seija Grant	Lappe Nordic	0:19:56.4	+3:40.2

Juvenile Girls 5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	97	Christina Groulx	Lappe Nordic	0:16:38.4	+0.0
2	96	Britt Bailey	Lappe Nordic	0:17:33.9	+55.5
3	95	Lauren Stoot	Lappe Nordic	0:17:46.4	+1:08.0
4	93	Katherine Hall	Lappe Nordic	0:18:46.5	+2:08.1
5	94	Keltie John	Lappe Nordic	0:24:09.5	+7:31.1

Mast Women 30+ 5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	100	Brook Latimer	Lappe Nordic	0:16:12.1	+0.0
2	98	Lisa Patterson	Big Thunder	0:17:34.1	+1:22.0
3	99	Karen Greenfield	Big Thunder	0:20:01.9	+3:49.8
4	101	Anne Schwar	Lappe Nordic	0:31:51.4	+15:39.3

Mast Women 40+ 5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	104	Liz Inkila	Lappe Nordic	0:18:47.7	+0.0
2	115	Nancy Viljakainen	Big Thunder	0:18:49.4	+1.7
3	106	Judy Hall	Lappe Nordic	0:19:38.3	+50.6
4	103	Paula Field	Big Thunder	0:20:27.6	+1:39.9
5	102	Daphne Mitchell	Lappe Nordic	0:20:46.4	+1:58.7
6	112	Lynn Crookham	Big Thunder	0:20:57.7	+2:10.0
7	114	Susan Hay	Lappe Nordic	0:21:30.9	+2:43.2
8	109	Kathryn Stajkowski	Big Thunder	0:21:44.5	+2:56.8
9	107	Gail Paskey	Lappe Nordic	0:21:47.7	+3:00.0
10	105	Elaine Lynch	Lappe Nordic	0:22:46.6	+3:58.9
11	111	Bonnie Stock	Lappe Nordic	0:26:44.6	+7:56.9
DNF	108	Nancy Luckai	Big Thunder	***	***
DNF	110	Tuija Puiras	Lappe Nordic	***	***
DNF	113	Janis Nixon	Big Thunder	***	***

Master Men 60+ 5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	117	Gord Arges	Lappe Nordic	0:21:23.4	+0.0
2	116	Martti Puumala	Big Thunder	0:30:10.6	+8:47.2

Mast Women 50+ 5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	118	Maureen Ahokas	Big Thunder	0:20:06.9	+0.0
2	120	Leslie Ransom	Marathon	0:20:24.2	+17.3
3	121	Susan Fabius	Big Thunder	0:20:56.8	+49.9
4	123	Mary Ellen Ripley	Lappe Nordic	0:25:53.2	+5:46.3
5	119	Joan Panizza	Lappe Nordic	0:27:05.8	+6:58.9
6	122	Leila Metsaranta	Lappe Nordic	0:29:40.3	+9:33.4

Mast Women 60+ 5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	124	Madeline Creighton	Lappe Nordic	0:32:03.7	+0.0

Boys 6 & 7 1 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	5	Ryan Pendziwol	Big Thunder	0:04:07.3	+0.0
2	70	Andrew Freitag	Kamview	0:06:24.2	+2:16.9
3	3	Colin Cheung	Lappe Nordic	0:06:45.6	+2:38.3
4	4	Kyle Shipston	Lappe Nordic	0:06:50.2	+2:42.9
5	2	Elijah Lysmo	Lappe Nordic	0:08:24.9	+4:17.6
DNS	1	Tony Gunka	Big Thunder	***	***

Girls 6 & 7 1 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	9	Anna Maclean	Big Thunder	0:04:20.2	+0.0
2	7	Laura Inkila	Lappe Nordic	0:04:38.2	+18.0
3	8	Brenna Randall	Lappe Nordic	0:05:42.9	+1:22.7
4	6	Haley Shipston	Lappe Nordic	0:06:36.1	+2:15.9

Boys 8 & 9 1.3 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	14	Matthieu Day	Lappe Nordic	0:05:30.1	+0.0
2	12	Chris Hecker	Lappe Nordic	0:05:50.7	+20.6
3	11	Conn Randall	Lappe Nordic	0:06:22.5	+52.4
4	13	Stuart Maclean	Big Thunder	0:06:22.8	+52.7
5	16	Brady Harkonen	Lappe Nordic	0:08:07.3	+2:37.2
DNS	15	Zachary Beaulieu	Lappe Nordic	***	***

Girls 8 & 9 1.3 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	19	Sarah Hay	Lappe Nordic	0:08:34.5	+0.0
2	20	Zoe Lysmo	Lappe Nordic	0:12:44.9	+4:10.4
DNS	17	Rachel Stoot	Lappe Nordic	***	***
DNS	18	Lili Strandberg	Lappe Nordic	***	***

Boys 10 & 11 2.5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	32	Colin Pendziwol	Big Thunder	0:09:32.4	+0.0
2	31	Phillip Luckai	Big Thunder	0:10:10.4	+38.0
3	36	Zachary Maclean	Big Thunder	0:10:30.0	+57.6
4	35	Jeff Budner	Lappe Nordic	0:11:39.6	+2:07.2
5	34	Julian Freitag	Kamview	0:11:50.6	+2:18.2
DNS	33	Dalton Franz	Lappe Nordic	***	***

Girls 10 & 11 2.5 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	41	Tess Ryan	Kamview	0:09:38.6	+0.0
2	42	Stephanie Drost	Kamview	0:09:40.6	+2.0
3	40	Moira Haggarty	Kamview	0:10:08.8	+30.2
4	39	Sarah Nixon	Big Thunder	0:12:05.4	+2:26.8
5	37	Jennifer Hall	Lappe Nordic	0:12:55.1	+3:16.5
DNS	38	Hannah Wainio	Lappe Nordic	***	***

Boys 12 & 13 3.7 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	57	Jeremy Hecker	Lappe Nordic	0:11:52.1	+0.0
2	58	Sam Loud	Lappe Nordic	0:13:04.1	+1:12.0
3	54	Gabe Viljakainen	Big Thunder	0:13:16.1	+1:24.0

4	52	James Gunka	Big Thunder	0:13:20.1	+1:28.0
5	53	Petri Bailey	Lappe Nordic	0:14:04.4	+2:12.3
6	56	Jonathan Day	Lappe Nordic	0:15:53.4	+4:01.3
7	51	Andrew Nixon	Big Thunder	0:15:57.6	+4:05.5
DNS	55	Eric Wainio	Lappe Nordic	***	***

Girls 12 & 13 3.7 km. Free Mass Start

PL	Bib	Name	Club	Time	Diff
1	59	Lindsay Inkila	Lappe Nordic	0:13:21.2	+0.0
2	61	Daphne Haggarty	Kamview	0:13:24.5	+3.3
3	65	Krista Luckai	Big Thunder	0:14:20.4	+59.2
4	64	Erin Pendziwol	Big Thunder	0:15:12.4	+1:51.2
5	63	Shannon McMillan	Kamview	0:17:10.8	+3:49.6
DNS	60	Kara Jaspers	Big Thunder	***	***
DNS	62	Katie Armstrong	Kamview	***	***

Boys 5 & Under Mass Start 100m

- 1 Nathan Hay
- 2 Niklas Harkonen
- 3 Isaac Lysmo
- 4 Austin Burchat
- 5 Peter MacGregor

Girls 5 & Under

- 1 Tessa Schwar
- 2 Frances MacGregor

2005 LSSD Championships - Two Day Totals

Junior Boys

PL	Name	Club	Classic	Free	Total
1	Michael Somppi	Lappe Nordic	15:08.0	28:39.4	43:47.4
2	Matt Pavlik	Big Thunder	16:52.2	31:30.2	48:22.4
3	Gregory Field	Big Thunder	15:26.1	33:04.5	48:30.6

Juvenile Boys

PL	Name	Club	Time		
1	Brayden Jaspers	Big Thunder	14:56.3	14:27.3	29:23.6
2	Luke Viljakainen	Big Thunder	15:23.6	14:21.8	29:45.4
3	Scott Sullivan	Big Thunder	14:46.2	15:03.1	29:49.3
4	Chris Hamilton	Lappe Nordic	15:39.5	14:25.0	30:04.5
5	Devin Ryan	Big Thunder	16:59.2	15:49.0	32:48.2
6	Todd Inkila	Lappe Nordic	17:32.3	15:49.5	33:21.8
7	Lachlan Armstrong	Big Thunder	18:32.2	16:42.4	35:14.6
8	Steven Stajkowski	Big Thunder	25:21.2	21:30.4	46:51.6

Senior Women

PL	Name	Club	Time		
1	Kerrie Fabius	Big Thunder	16:16.1	31:45.9	48:02.0
2	Rena Bode	Big Thunder	17:18.5	32:29.3	49:47.8
3	Tara Redpath	Big Thunder	17:25.2	32:29.7	49:54.9
4	Emily Hayman	Big Thunder	17:02.4	33:57.5	50:59.9
5	Jill Maepea	Lappe Nordic	18:06.2	33:24.4	51:30.6
6	Jodi Maepea	Lappe Nordic	18:55.0	35:38.0	54:33.0
7	Kelly Henry	Big Thunder	20:21.9	35:24.9	55:46.8
8	Anne-Marie Fequet	Lappe Nordic	21:02.0	37:24.9	58:26.9
9	Amy Moustgaard	Lappe Nordic	25:23.6	37:06.2	02:29.8

Junior Women

PL	Name	Club	Time		
1	Berit Dool	Lappe Nordic	19:40.3	33:27.2	53:07.5

Junior Girls

PL	Name	Club	Time		
1	Kelsey Dool	Lappe Nordic	19:27.5	16:16.2	35:43.7
2	Seija Grant	Lappe Nordic	22:42.1	19:56.4	42:38.5

Juvenile Girls

PL	Name	Club	Time		
1	Christina Groulx	Lappe Nordic	18:10.2	16:38.4	34:48.6
2	Britt Bailey	Lappe Nordic	20:10.8	17:33.9	37:44.7
3	Lauren Stoot	Lappe Nordic	20:02.4	17:46.4	37:48.8

4	Katherine Hall	Lappe Nordic	20:11.2	18:46.5	38:57.7
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Mast Women 30+

PL	Name	Club	Time		
1	Brook Latimer	Lappe Nordic	17:14.6	16:12.1	33:26.7
2	Lisa Patterson	Big Thunder	19:40.2	17:34.1	37:14.3
3	Karen Greenfield	Big Thunder	23:22.4	20:01.9	43:24.3
4	Anne Schwar	Lappe Nordic	29:55.6	31:51.4	01:47.0

Mast Women 40+

PL	Name	Club	Time		
1	Liz Inkila	Lappe Nordic	20:00.1	18:47.7	38:47.8
2	Nancy Viljakainen	Big Thunder	21:21.5	18:49.4	40:10.9
3	Judy Hall	Lappe Nordic	21:56.3	19:38.3	41:34.6
4	Lynn Crookham	Big Thunder	21:22.9	20:57.7	42:20.6
5	Kathryn Stajkowski	Big Thunder	21:24.8	21:44.5	43:09.3
6	Gail Paskey	Lappe Nordic	24:05.9	21:47.7	45:53.6
7	Susan Hay	Lappe Nordic	24:23.7	21:30.9	45:54.6

Master Men 60+

PL	Name	Club	Time		
1	Gord Arges	Lappe Nordic	23:15.8	21:23.4	44:39.2
2	Martti Puumala	Big Thunder	28:54.5	30:10.6	59:05.1

Mast Women 50+

PL	Name	Club	Time		
1	Maureen Ahokas	Big Thunder	21:51.2	20:06.9	41:58.1
2	Susan Fabius	Big Thunder	21:16.7	20:56.8	42:13.5
3	Leslie Ransom	Marathon	22:51.6	20:24.2	43:15.8
4	Mary Ellen Ripley	Lappe Nordic	26:22.0	25:53.2	52:15.2
5	Leila Metsaranta	Lappe Nordic	25:04.4	29:40.3	54:44.7

Mast Women 60+

PL	Name	Club	Time		
1	Madeline Creighton	Lappe Nordic	29:24.5	32:03.7	01:28.2

Senior Men

PL	Name	Club	Time		
1	Timo Puiras	Lappe Nordic	28:11.1	42:15.1	10:26.2
2	Jeffrey Cameron	Big Thunder	29:39.9	41:30.2	11:10.1
3	Doug Bolster	Big Thunder	33:50.6	44:48.6	18:39.2
4	Jeff Moustgaard	Lappe Nordic	32:15.3	48:21.5	20:36.8
5	Eric Bailey	Big Thunder	31:59.2	49:39.6	21:38.8

Junior Men

PL	Name	Club	Time		
1	Chris Butler	Big Thunder	29:27.8	40:49.4	10:17.2
2	Matthew Schoales	Big Thunder	36:01.7	44:47.6	20:49.3

Master Men 30+

PL	Name	Club	Time		
1	Freddy Hortis	Lappe Nordic	47:50.5	40:03.1	27:53.6

Master Men 40+

PL	Name	Club	Time		
1	Paul Inkila	Lappe Nordic	31:34.1	30:18.5	01:52.6
2	Mark Thomas	Lappe Nordic	34:24.3	30:26.9	04:51.2
3	Ron Mahler	Lappe Nordic	36:16.0	31:35.0	07:51.0
4	Frank Luckai	Big Thunder	35:30.3	35:05.6	10:35.9
5	Randy Berg	Big Thunder	38:56.7	33:58.4	12:55.1
6	Richard Pendziwol	Big Thunder	39:15.1	35:37.8	14:52.9
7	Brian Trendiak	Big Thunder	38:00.5	36:55.5	14:56.0
8	Jim Bailey	Lappe Nordic	39:59.3	35:36.9	15:36.2
9	Bryan North	Lappe Nordic	41:35.1	38:07.4	19:42.5
10	Joe McGill	Marathon	44:16.0	38:17.2	22:33.2
11	Paul Charrette	Lappe Nordic	40:44.0	42:48.9	23:32.9
12	Grant Hall	Lappe Nordic	44:58.2	39:10.5	24:08.7
13	Bill Day	Lappe Nordic	44:00.0	43:44.9	27:44.9
14	Alastair Grant	Lappe Nordic	50:29.5	43:15.7	33:45.2
15	Chris Loud	Lappe Nordic	58:13.7	47:25.0	45:38.7

Master Men 50+

PL	Name	Club	Time		
1	Brian Berry	Lappe Nordic	36:42.7	34:30.5	11:13.2
2	Jim Cameron	Big Thunder	38:26.4	37:23.0	15:49.4
3	Mac Davies	Big Thunder	41:47.3	36:05.8	17:53.1
4	Dan Ugray	Lappe Nordic	40:05.5	38:44.5	18:50.0
5	Guy Latimer	Lappe Nordic	45:44.2	38:19.8	24:04.0
6	Ian Mettam	Big Thunder	48:22.3	44:13.8	32:36.1

Boys 6 & 7

PL	Name	Club	Time		
1	Ryan Pendziwol	Big Thunder	04:24.7	04:07.3	08:32.0
2	Kyle Shipston	Lappe Nordic	05:46.5	06:50.2	12:36.7
3	Colin Cheung	Lappe Nordic	06:44.9	06:45.6	13:30.5

Girls 6 & 7

PL	Name	Club	Time		
1	Laura Inkila	Lappe Nordic	04:52.9	04:38.2	09:31.1
2	Anna Maclean	Big Thunder	05:19.5	04:20.2	09:39.7
3	Brenna Randall	Lappe Nordic	04:58.3	05:42.9	10:41.2
4	Haley Shipston	Lappe Nordic	05:38.6	06:36.1	12:14.7

Boys 8 & 9

PL	Name	Club	Time		
1	Matthieu Day	Lappe Nordic	06:12.3	05:30.1	11:42.4

2	Chris Hecker	Lappe Nordic	06:56.7	05:50.7	12:47.4
3	Conn Randall	Lappe Nordic	06:53.0	06:22.5	13:15.5
4	Stuart Maclean	Big Thunder	08:22.6	06:22.8	14:45.4
5	Brady Harkonen	Lappe Nordic	09:11.9	08:07.3	17:19.2

Girls 8 & 9

PL	Name	Club	Time		
1	Sarah Hay	Lappe Nordic	08:19.8	08:34.5	16:54.3

Boys 10 & 11

PL	Name	Club	Time		
1	Colin Pendziwol	Big Thunder	10:36.5	09:32.4	20:08.9
2	Phillip Luckai	Big Thunder	11:10.8	10:10.4	21:21.2
3	Zachary Maclean	Big Thunder	12:20.3	10:30.0	22:50.3
4	Julian Freitag	Kamview	13:27.6	11:50.6	25:18.2

Girls 10 & 11

PL	Name	Club	Time		
1	Tess Ryan	Kamview	10:20.6	09:38.6	19:59.2
2	Stephanie Drost	Kamview	10:30.6	09:40.6	20:11.2
3	Moira Haggarty	Kamview	10:52.2	10:08.8	21:01.0
4	Sarah Nixon	Big Thunder	12:53.1	12:05.4	24:58.5

Boys 12 & 13

PL	Name	Club	Time		
1	Jeremy Hecker	Lappe Nordic	12:09.2	11:52.1	24:01.3
2	James Gunka	Big Thunder	14:00.7	13:20.1	27:20.8
3	Gabe Viljakainen	Big Thunder	14:29.8	13:16.1	27:45.9
4	Sam Loud	Lappe Nordic	15:10.6	13:04.1	28:14.7
5	Petri Bailey	Lappe Nordic	14:22.7	14:04.4	28:27.1
6	Andrew Nixon	Big Thunder	17:10.7	15:57.6	33:08.3

Girls 12 & 13

PL	Name	Club	Time		
1	Lindsay Inkila	Lappe Nordic	14:23.0	13:21.2	27:44.2
2	Daphne Haggarty	Kamview	15:11.3	13:24.5	28:35.8
3	Krista Luckai	Big Thunder	15:27.4	14:20.4	29:47.8
4	Shannon McMillan	Kamview	18:05.9	17:10.8	35:16.7

Boys 5&Under

1	Nathan Hay
2	Niklas Harkonen
3	Austin Burchat

Girls 5 & Under

1	Tessa Schwar
2	Frances MacGregor